



SHEMINI - EIGHTH

Leviticus 9:1 to 11:47

2 Samuel 6:1-19

Mark 7:1-23

Acts 5:1-11

Acts 10:1-35

2 Corinthians 6:14-7:1

Galatians 2:11-16

1 Peter 1:14-16

Kingdom Foods: Part Two *Clean Versus Unclean: Part One*

Review: Continuing with the last two studies in the context of the Betrothal Covenant, we are learning to walk in God's/*Elohim* Heavenly Kingdom through the pattern of the Tabernacle/*Mishkan*. The guidelines for the Tabernacle lifestyle are seen throughout the teaching of the priesthood as demonstrated by the *Kohath* tribe of the Levites. The *Kohath*'s served *in* the Tabernacle while the remaining Levite brothers, Gershon and Merari, served the people in the *outer court*. The *Kohath*'s were the acting priests. Only the firstborn *Kohath* was designated as the High Priest. This information is invaluable for the Bride of Messiah, as Yeshua is returning for a Bride who walks in the lifestyle of the priests and able to minister *in* the Tabernacle (Ezekiel 44; Revelation 1:5-6, 5:9-10).

🌿 **Luke 12:35-37** [*Yeshua said,*] “Let your waist be girded and *your* lamps burning; and you yourselves be like men who wait for their master, when he will return from the wedding, that when he comes and knocks they may open to him immediately. Blessed *are* those servants whom the master, when he comes, will find watching. Assuredly, I say to you that he will gird himself and have them sit down *to eat*, and will come and serve them.”

Salvation Versus Eternal Life

Yeshua was well known to Moses, as it was Yeshua who shared His Word with him face to face on Mount Sinai.

🌿 **Isaiah 63:8-13** “For He said, ‘Surely they *are* My people, Children *who* will not lie.’ So He became their Savior. In all their affliction He was afflicted, and the Angel of His Presence saved them; in His love and in His pity He redeemed them; and He bore them and carried them all the days of old. But they rebelled and grieved His Holy Spirit; so He turned Himself against them as an enemy, *and* He fought against them. Then he

remembered the days of old, Moses *and* his people, *saying*: ‘Where *is* He who brought them up out of the sea with the shepherd of His flock? Where *is* He who put His Holy Spirit within them, Who led *them* by the right hand of Moses, with His glorious arm, dividing the water before them to make for Himself an everlasting name, Who led them through the deep, as a horse in the wilderness, *that* they might not stumble?’

🌿 **John 5:46-47** Yeshua said, “For if you believed Moses, you would believe Me [*Yeshua*]; for he [*Moses*] wrote about Me [*Yeshua*]. But if you [*believer*] do not believe his writings [*Moses*], how will you believe My words?”

Moses understood that according to the pattern, Yeshua’s Bride (believers) needed to have a circumcised heart to walk in Covenant with the Messiah. He also knew some people would not seek the Messiah in holiness, but prefer to live an outer court lifestyle and venture no further. God/*Elohim* calls many. However, the personal decision to choose holiness (obedience) and to serve the King of Kings *in* the Tabernacle rests on each believer. Sadly, we are told that not all will choose (Matthew 7:13-14, 22:14).

🌿 **Exodus 19:5** “Now therefore, if you will indeed obey My voice and keep My covenant, then you shall be a special treasure to Me above all people; for all the earth is Mine” (1 Peter 2:9).

🌿 **Matthew 7:13-14** “Enter by the narrow gate [*into the Holy of Holies*]; for wide *is* the gate and broad *is* the way that leads to destruction, and there are many who go in by it. Because narrow *is* the gate and difficult *is* the way which leads to life, and there are few who find it.”

🌿 **Matthew 22:14** “For many are called [*into Yeshua’s priesthood*], but few are chosen.”

“*Are*” is not in the original Matthew 22:14 text. The verse should read, “For many [*believers*] are called [*to be priests*], but few [*believers*] choose.”

The term *salvation* is to enter into the Covenant of the God/*Elohim* of Abraham, Isaac, and Jacob and His Kingdom (*heaven* - Matthew 6:10). Here, believers are given the *potential* for eternal life. However, they must choose. Believers cannot inherit *eternal life* if they are not willing to walk in Yeshua’s image of holiness.

🌿 **Revelation 22:14-15** “Blessed *are* those [*believers*] who do His commandments, that they [*believers*] may have the right to the tree of life [*eternity*], and may enter through the gates into the city. But outside *are* [*those believers who practice disobedience, called*] dogs and sorcerers and sexually immoral and murderers and idolaters, and whoever loves and practices a lie.”

If believers condone or practice sorcery, sexual immorality, worship idols in their lives, or practice lies (all the things Yeshua warns His people not to touch), then they run the risk of being barred from the Tree of Life - eternity. Paul urged *all believers* to run in such a way as to obtain it. Obtain what? *Eternal life* (Genesis 3:22-24; Revelation 22:14-15).

🌿 **1 Corinthians 9:24** “[*Believers*] Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it [*eternal life*].”

After salvation, the rich young ruler in Matthew 19 made a point of asking Yeshua how to inherit eternal life. Sadly he chose not to take responsibility for harboring the sin of covetousness.

✿ **Matthew 19:16, 21-22** “Now behold, one came and said to Him, ‘Good Teacher, what good thing shall I do that I may have eternal life?’ Jesus/*Yeshua* said to him, ‘If you want to be perfect [*have eternal life*], go, sell what you have and give to the poor, and you will have treasure in heaven; and come, follow Me.’ But when the young man heard that saying, he went away sorrowful, for he had great possessions [*covetousness, an idol of the heart*].”

In Matthew 25 and the parable of the virgins, all ten virgins had *salvation*, but only five received *eternal life*.

✿ **Matthew 25:7-12** “Then all those virgins [*believers*] arose and trimmed their lamps. And the foolish [*virgins/believers*] said to the wise [*virgins/believers*], ‘Give us some of your oil, for our lamps are going out.’ But the wise answered, saying, ‘No, lest there should not be enough for us and you; but go rather to those who sell, and buy for yourselves.’ And while they went to buy, the bridegroom came, and those who were ready went in with him to the wedding; and the door was shut. Afterward the other virgins came also, saying, ‘Lord, Lord, open to us!’ ‘But he answered and said, ‘Assuredly, I say to you, I do not know you.’”

Yeshua explains to believers in Matthew 25:31-46,

✿ **Matthew 25:31-46** “When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides *his* sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, ‘Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I *was* naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.’ Then *the righteous* will answer Him, saying, ‘Lord, when did we see You hungry and feed *You*, or thirsty and give *You* drink? When did we see You a stranger and take *You* in, or naked and clothe *You*? Or when did we see You sick, or in prison, and come to *You*?’ And the King will answer and say to them, ‘Assuredly, I say to you, inasmuch as you did *it* to one of the least of these My brethren, you did *it* to Me.’ Then He will also say to those on the left hand, ‘Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer Him, saying, ‘Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to *You*?’ Then He will answer them, saying, ‘Assuredly, I say to you, inasmuch as you did not do *it* to one of the least of these, you did not do *it* to Me.’ And these will go away into everlasting punishment, but the righteous into eternal life.”

Jude also exhorts believers,

🌿 **Jude 1:20-21** “But you, beloved [*believers*], building yourselves up on your most holy faith, praying in the Holy Spirit/*Ruach HaKodesh*, keep yourselves in the love of God/*Elohim*, looking for the mercy of our Lord Jesus Christ/*Yeshua HaMashiach* unto *eternal life*.”

The letters addressed to the seven churches in the Book of Revelation were written in such a way as to warn believers that they were at risk of losing eternal life if they continued going against God's/*Elohim* written Word. They were told to *repent* and take responsibility for their waywardness. Yeshua then went on to describe what faithful believers would inherit if they turned from their sin and pushed through to the goal of their faith - *eternal life* (Revelation 2:7,11,17, 26-28; 3:5,12, 21).

The Priestly Ministry Of The Melchizedek Order

Salvation is gifted through the *Abrahamic Covenant*. Yeshua's priesthood is formed within the next covenant called the *Mosaic Covenant*. These two Covenants are designed to work in unison. The book of *Leviticus* is part of the *Mosaic Covenant* and contains the instruction manual for the priesthood and eternal life. *Leviticus* is the foundation Yeshua used to teach from in the New Testament/*Brit Chadasha*.

This Torah portion is about making wise choices. Yeshua's people will either choose to walk in God's/*Elohim* true principles for holiness and lifestyle or continue to blend a mix of holiness with ungodliness. One of the main areas Yeshua taught His people in the understanding of His Kingdom was that *they* must guard against settling for a complacent or *outer court* lifestyle when they have been given the opportunity to enter His Holy of Holies and inherit eternal life. The purpose of the Tabernacle is to show Yeshua's people where they are in their walk, how to grow in maturity, how to repent if need be, and in what manner to make restitution. King Solomon recognized this need at the beginning of his ministry when he sincerely asked,

“Therefore, give to Your servant an understanding heart to judge Your people, that I may discern between *good* and *evil*” (1 Kings 3:9).

King David's prayer begins our teaching of the priestly ministry in the order of Melchizedek.

The Eighth Day - Leviticus 9:1-20

On the eighth day, after the consecration of Aaron as high priest and his four sons, Nadab, Abihu, Eleazar, and Ithamar as priests, the ministry of the priesthood began. It is understood in the Hebrew language that eight signifies both new beginnings and life beyond. The newly appointed priests first presented offerings for themselves and then made offerings on behalf of the whole Israelite community. After their inauguration, Aaron lifted his hands toward the people and pronounced this priestly blessing over them. This blessing is still prayed over all Israel today.

*“The LORD/Yahweh bless you and keep you;
The LORD/Yahweh make his face shine upon you and be gracious to you;
The LORD/Yahweh turn his face toward you and give you peace/shalom.”
(Numbers 6:24-26).*

Mixing Holiness With The Profane

*The Death Of Nadab And Abihu
Leviticus 10*

The inauguration of the priesthood was celebrated with grand festivities and an outpouring of God's/*Elohim* signs and wonders as confirmation. In the midst of all of the excitement, we suddenly see Aaron's two older sons, Nadab and Abihu, fill their censers with strange fire and walk into the Tabernacle, offering this distorted rendering of incense before God/*Elohim*. What were they thinking? Nadab and Abihu mixed the profane with the holy! Compromising God's/*Elohim* instructions and offering what they deemed acceptable, broke the underlying code of holiness. Only truth prevails in the Tabernacle. Presenting an adulterated version before their Holy God/*Elohim* was a recipe for disaster. Nadab and Abihu elevated *their* arrogance and pride (strange fire) higher than God's/*Elohim* principles for life, and, as a result, when they entered into His presence, they died.

Moses and Aaron taught Nadab and Abihu very well. So it was not a matter of ignorance or misunderstanding as to the correct procedure. This battle lay within the heart between the intellect and the honoring of God's/*Elohim* ways. Indulging in their self-righteous preferences, exposed the fruit of their prideful, independent thinking. There is only one King and one Kingdom. Pride and self-idolatry have no place in God's/*Elohim* Kingdom; therefore, will not stand in His Courts.

The priests are expected to *represent* the holiness of God/*Elohim*. That requires a mirror image of His likeness. To mix ungodliness with pure worship, disqualified Nadab and Abihu, and it cost them their lives. Retaining a sinful nature will not endure in God's/*Elohim* kingdom of priests and a holy nation. Believers must act as the King acts, walk as the King walks, and talk as the King talks. Aaron's eldest sons thought they could forgo circumcision of the heart. Thus they remained unsundered to the redemptive work of Yeshua, the blueprint of life called the Torah. Truth is the key access to the Holy of Holies and eternal life, as only truth stands before the King. Thus, a lie or any falseness will be exposed for what it is. Therefore, if there is a break of the Covenant, repentance is the first approach leading to the pathway of holiness. Sadly Aaron's two sons chose not to take that route.

Torah, without the life-giving Spirit of Messiah, becomes a religion of legalism and false works, which in turn produces after its own kind (a religious spirit), resulting in a separation from God/*Elohim* in every aspect of life, even unto death. Believers need Yeshua *in* the Torah to have life/*chai*. They cannot separate Yeshua from His instruction, as He is the *Living Word - Torah* (John 1:1,14).

Life In Our Tabernacle

Clean Versus Unclean Foods

Leviticus 11

After the death of Aaron's two older sons, his two younger sons, Eleazar and Ithamar, resumed the responsibilities vacated by their brothers. Eleazar became the heir apparent, and both he and his brother Ithamar shared in the ministerial roles as priests in the Tabernacle serving before God/*Elohim*.

🌿 **Deuteronomy 30:14** “But the word *is* very near you, in your mouth and in your heart, that you may do it.”

The Tabernacle/*Mishkan* pattern on earth is a shadow or replica of what is current in heaven (Hebrews 8:1-2). The earthly *Mishkan* is also the prophetic or eternal representation of the Messiah and His Kingdom. His image or pattern is written on the heart of every believer. As God's/*Elohim* people learn by progressive revelation to walk in the functionality of the Tabernacle, they not only see what is written on their heart but also learn about what the redeemed, and sanctified lifestyle is like in Yeshua's Kingdom. Moses and the Holy Spirit/*Ruach Ha Kodesh* are the believer's point of reference when he or she chooses to walk and proclaim the Gospel *or holiness* of The Kingdom. As stated earlier, our body represents the Tabernacle/*Mishkan*. If Yeshua chose us, then we have also been invited by His Holy Spirit/*Ruach Ha Kodesh* to Tabernacle with Him *in His dwelling place*. However, if believers place a greater importance on tradition and personal choice over obedience and holiness, like Nadab and Abihu, then they run the risk of standing behind the veil, not able to progress forward into the Holy of Holies. This is foretold in the parable of the five unwise virgins in Matthew 25:1-13. Today, the same choice of holiness is before each believer. Will we choose the door of obedience or tradition? Obedience is always a choice (Luke 13:24-30; Revelation 3:15-22).

🌿 **1 Corinthians 6:19-20** “Or do you not know that your body is the temple of the Holy Spirit/*Ruach HaKodesh* who is in you, whom you have from God/*Elohim*, and you are not your own? For you were bought at a price; therefore glorify God/*Elohim* in your body and in your spirit, which are God's/*Elohim*.”

🌿 **Revelation 21:3** “And I heard a loud voice from heaven saying, ‘Behold, the Tabernacle of God/*Elohim* is with men, and He will dwell with them, and they shall be His people. God/*Elohim* Himself will be with them and be their God/*Elohim*’” (Exodus 25:21-22).

Kingly And Priestly Foods

After the inauguration of the priests, God/*Elohim* imparted His instructions for the role of the priesthood. His number one priority for them began with *food*. Why food? What was so important that God/*Elohim* would start His whole orientation of the priesthood with food? Upon closer examination, we find many fascinating facts about food pertaining to the priesthood. God/*Elohim* is very concerned about the heart attitude of those who serve Him. His people are called to be priests and to serve with their whole being: *body, soul, and spirit* united as

one/*echad*. The priests were also known as a royal priesthood and holy nation. These instructions were not only crucial in Moses day but also for all believers *today*, as Peter reminds believers they too are part of God's/*Elohim* royal priesthood and a holy nation through Yeshua (Exodus 19:5-6; 1 Peter 2:9; Hebrews 3:1-4:16).

🏰 **1 Peter 2:9** “But you *are* a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light;”

The vow, “*We hear, and we will obey,*” declared at Mount Sinai through our ancestors, is for all who embrace the Messiah (Deuteronomy 29:14-15). Contained within His instructions is the promise to keep the regulations governing food. Food is imperative because what we put *into* our body affects the result. Physical food is like spiritual food and can influence every area of our life. For that reason, the instruction on food was imparted at the beginning to those destined not only for the priesthood but also for eternal life - *the Bride of Yeshua – the one made in His image*.

Through Yeshua's redemption plan, our body is to be holy and sanctified, a representation of His Heavenly Tabernacle/Temple. As mentioned above, the food (spiritual and physical) that a believer puts into his or her body plays a role that can influence the state of the heart and mind. Food is a revealer whether God's/*Elohim* people are obedient or if they have been beguiled to walk under their own influence, preference, and self-will (1 Corinthians 3:16-17).

🏰 **2 Timothy 3:1-7** “But know this, that in the last days perilous times will come: for men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, unloving, unforgiving, slanderers, without self-control, brutal, despisers of good, traitors, headstrong, haughty, lovers of pleasure rather than lovers of God/*Elohim*, having a form of godliness but denying its power. And from such people turn away! For of this sort are those who creep into households and make captives of gullible women loaded down with sins, led away by various lusts, always learning and never able to come to the knowledge of the truth.”

God/*Elohim* desires His people prepare a place in which He may dwell (Isaiah 66:1). If they ingest meat with blood still in it, do they imagine that God/*Elohim* will put aside His principle not to consume blood or eat the abominable things, or should they expect consistency from the One who never changes? Yeshua fulfilled the requirements of the law concerning *our* sin, but has His fulfillment canceled or nullified His principles that govern the earth? Many Christians think this and call it *grace*, but is this right? (Ezekiel 33:25).

In the last study (*Tzav*), we learned that blood was not for consumption but used only for atonement. Yeshua has fulfilled the blood atonement for *our* sin, but does that mean His sacrifice abolished the law against blood and the abominable at His crucifixion? Did Yeshua eat meat with blood still in it? Did He eat pork, shellfish, or other unacceptable things or did He uphold and fulfill His own instructions? Does it matter what *believers* place on the altar or what *they* eat? What does God/*Elohim* consider authorized food? These questions have as much physical application as they do spiritual. In this section, we will examine what the Biblically approved foods are and what is considered abominable or unhealthy according to Scripture.

Several years ago, my husband and I were at a conference in Georgia. The leader introduced us to a young Jewish man who had just met his Messiah and now was a *completed Jew*. They were very happy to tell us that upon his conversion, they fed him a pork dinner as proof he was truly set free, *free from the bondage of that old law*. We were horrified.

🌿 **Ezekiel 33:25** “Therefore say to them, thus says the Lord/Adonai GOD/Elohim: ‘You eat *meat* with blood, you lift up your eyes toward your idols, and shed blood. Should you then possess the land?’”

🌿 **1 Corinthians 10:20-21** “Rather, that the things which the Gentiles [*Nations*] sacrifice they sacrifice to demons and not to God/Elohim, and I do not want you to have fellowship with demons. You cannot drink the cup of the Lord and the cup of demons; you cannot partake of the Lord’s table and of the table of demons.”

To help keep our temple clean and healthy and in obedience to what God/Elohim considers edible food for His people, we will consider the following:

- **Animals** that have *both* a split hoof and chew their cud (avoiding their blood and fat).
- **Sea or water life** that has *both* scales and fins.
- **Birds** of a non-aggressive or non-scavenger in nature.
- **Insects** that fly and have jointed legs for hopping on the ground.

Examples Of Healthy Foods

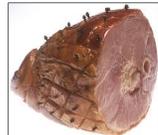
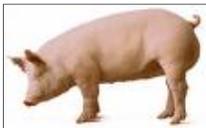


Examples Of Unhealthy Species

Including all shellfish



Other examples of unclean foods are all pork products
Such as bacon, hot dogs, pork chops, salami and pepperoni on pizza



(For more Biblical food information, see: www.sheepfoldgleanings.com Reeh study – Deuteronomy 11-16).

What Is The Difference Between *Biblical* Food Laws And *Rabbinical* Kosher?

God/*Elohim* has imparted His entire *Biblical* food regulations in His Word. However, in the 1500s, Jewish mystics implied that God's/*Elohim* original Word did not have enough information. They suggested more instruction was needed. Their presumption cast doubt on the Word itself, which opened the door for man's *rabbinical* dietary laws to mix with God's/*Elohim* holy Word. Their added order was called the Oral Torah. The man responsible for codifying these food laws was Joseph Karo (1488-1575. Also spelled Caro). Karo was a lawyer from a Jewish Sephardic family who were expelled in 1492 from Spain during the Spanish Inquisition. Eventually, in 1536, Karo (now living with his uncle) settled in Safed, Northern Israel, where he studied under a mystic called Isaac Luria. Luria practiced witchcraft and channeled for many hours engaged with a spirit entity called "Elijah." Luria would later be called the father of Kabbalism. After Luria's death, Karo continued Luria's practice of channeling and became the head of the yeshiva in Safed.

The Kabbalists believe that due to human disobedience, parts of the divine being had become scattered. To reunite the various aspects of God's scattered body and to help repair the world, they were to perform a mitzvah based on good works. Many of these mitzvahs seemed righteous but were encumbering and, at times, contradicted God's/*Elohim* Biblical laws. This fixing is called *Tikkun Olam*. Mystics commune for hours with familiar spirits seeking how best to Tikkun. Rabbinic food laws were one such law derived from these meditating encounters with spirit beings. The information received was written down and then made into "law." However, it wasn't God's/*Elohim* Spirit they were communing with or His law they were recording but a counterfeit spirit and law from the dark side, from *the Tree of the Knowledge of Good and Evil*. The Tree of the Knowledge of Good and Evil holds no life for its followers.

For fifty years, Karo, the lawyer, kept a diary of his mystical nocturnal visitations (*the personified Mishna*). His spirit visitor would often communicate what to write or speak in an audible voice through him. From these demonic visitations, Karo's literary works were considered among the masterpieces of rabbinic literature. That was how Karo's "*Set Table Laws/Shulhan Arukh*" or *rabbinical kosher* became the standard code for all Orthodox Jews.

By engaging the dark side of the spirit world, Karo, seeking Tikkun/fixing, was told by these spirits that eating dairy and meat together in the same meal would cause health issues such as leprosy or even death. Therefore, it would be "healthier" for man to separate meat and dairy (*Tikkun, fixing*). Today, through extensive medical research and testing, no such findings are true. They are all false statements. Healthwise, no harm can come by mixing dairy products and meats.

Their rabbinical food laws also instructed people to separate the timing between eating dairy and meat by a certain number of hours. Furthermore, rabbinical food laws advise that kitchen equipment and utensils also remain separate. Therefore, two kitchens (one side for dairy and the other for meat) complete with separate dishes, cutlery, sinks, fridges, stoves, etc... We have friends who went through the expense of replacing their old single Gentile kitchen with a double rabbinically approved separate kosher dairy and meat kitchen at the cost of thousands of dollars.

All of these manmade laws are encumbering upon God's/*Elohim* people based entirely on false rulings dictated by a spirit entity from another world.

These mystical rabbinic laws, governed by the spirit world, are geared to be physically exhausting and financially draining of God's/*Elohim* people. Yeshua came to set His people free from all encumbering *man-made* laws. Those who practice rabbinical kosher and their other added laws are bowing down to another spirit world and giving permission for their gods to guide and have rule over their lives. God/*Elohim* says this is an abomination before Him. There are no such laws for separating dairy from meat in Scripture. When Yeshua's people arrive at His wedding banquet, they will be served dairy and meat together in the same meal as did our father, Abraham. Through Scripture, we read about this truth of Abraham, *the father of our Biblical faith and the father of Biblical food laws*. He served dairy and meat to God/*Elohim* in the same meal and at the same time. Notice, God/*Elohim* did not rebuke Abraham for what he presented, nor did He reject certain foods or eat them at separate times. God/*Elohim* ate what was set before Him in one seating and at the same time period (Genesis 18:2-8).

Genesis 18:2-8 “So he [*Abraham*] lifted his eyes and looked, and behold, three men were standing by him; and when he saw them, he ran from the tent door to meet them, and bowed himself to the ground, and said, ‘My Lord/*Adonai*, if I have now found favor in Your sight, do not pass on by Your servant. Please let a little water be brought, and wash your feet, and rest yourselves under the tree. And I will bring a morsel of bread, that you may refresh your hearts. After that you may pass by, inasmuch as you have come to your servant.’ They said, ‘Do as you have said.’ So Abraham hurried into the tent to Sarah and said, ‘Quickly, make ready three measures of fine meal; knead it and make cakes.’ And Abraham ran to the herd, took a tender and good calf, gave it to a young man, and he hastened to prepare it. So he [*Abraham*] took **butter and milk and the calf which he had prepared, and set [*this combination of foods at the same time*] before them, and he stood by them under the tree as they ate.**”

Some say they are obeying the *rabbinic* kosher food laws written in Exodus 23:19 (and repeated again in Exodus 34:26 and Deuteronomy 14:21).

🗡️ **Exodus 23:19** “The first of the firstfruits of your land you shall bring into the house of the LORD/*Yahweh* your God/*Elohim*. You shall not boil a young goat in its mother's milk.”

Notice the first part of Exodus 23:19, “*The first of the firstfruits of your land you shall bring into the house of the LORD/Yahweh your God/Elohim.*” The *whole* verse has to do with *how to bear a fruitful yield* and has nothing to do with what is placed on the table to eat. Keeping the verse *in context*, God/*Elohim* is warning His people against the occult practices of neighboring peoples who were boiling a kid in its mother's milk as part of a fertility rite to gain a more fertile ground (Exodus 23:19, 34:26; Deuteronomy 14:21).

Those who follow the mystics (*maggidim*) do not observe a law based on Biblical truth but keep a tradition based on a familiar spirit from the occult world. Karo even admitted that whoever follows these rabbinical kosher laws were bowing down and allowing (giving permission to) a

spirit entity to guide them (Reference: Joseph Karo: Wikipedia; The Jewish Encyclopedia.com; Chabad.org/Kabbalah Online.com).

What Is The Difference Between Biblically Bled Meat and Halal?

A Biblical kill, called *Shechita* in Hebrew, is a humane slaughter where the jugular vein and esophagus in the neck of the animal are cut, thereby allowing the heart to pump the *lifeblood* out of the animal before it dies. *Halal* slaughter is similar, however during the kill, an Islamic priest called an *imam* pronounces a prayer over the animal dedicating it to their god Allah, thus, rendering the slaughter a “*ritual kill*” - food offered to an idol. Anyone eating this *ritual* slaughter or other Halal dedicated foods is said to be in agreement with and allowing Islamic Sharia Law and their god to have authority over his or her life. (For more Biblical vs. Halal information, please refer to www.sheepfoldgleanings.com Tzav – Leviticus and Reeh - Deuteronomy 11-16 study).

Biblical Guidelines Continued...

Outside of God’s/*Elohim* Scriptural food guidelines, He did not consider *anything* else of the animal kingdom consumable or even to be called “*food*” in His Word (Leviticus 11:2-47). God/*Elohim* cautioned His people over and over again (eight times in Leviticus chapter 11) that they would defile themselves if they ate the abominable. Therefore, He exhorts us to stay consecrated and be holy, because He is holy.

🌿 **Leviticus 11:43-44** “You shall not make yourselves abominable with any creeping thing that creeps; nor shall you make yourselves unclean with them, lest you be defiled by them. For I *am* the LORD/*Yahweh* your God/*Elohim*. You shall therefore consecrate yourselves, and you shall be holy; for I *am* holy. Neither shall you defile yourselves with any creeping thing that creeps on the earth.”

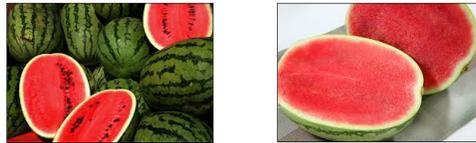
Often Scripture uses animal-like characteristics to describe any dishonoring nature in His people. Unclean species can represent disorder or those out of fellowship with Him. The mention of clean food and unclean species can also be used to distinguish the realm of life from the realm of death. The Torah portion indicates that associations and what people physically eat will contaminate those who indulge in an unhealthy lifestyle or chew upon unwise words in thought or conversation. We are warned that the lust of the eye, the lust of the flesh, and the pride of life will contaminate a believer.

🌿 **Galatians 5:16-18** “I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. But if you are led by the Spirit, you are not under the law [*of sin and death*].”

🌿 **Galatians 6:7-9** “Do not be deceived: God/*Elohim* cannot be mocked. A man reaps what he sows. The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life.

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up” (Proverbs 23:7).

In the Garden of Eden, there were clean foods and unclean. God/*Elohim* gave man the freedom to eat from the *Tree of Life* but warned him not to eat from the *Tree of Knowledge of Good and Evil*, or he would die. The *Tree of Life* has edible fruit with seed that can reproduce life, but the *Tree of The Knowledge of Good and Evil* has no life-supporting qualities, thus not considered food according to God/*Elohim*. It is a neutered food.



Can You Spot The Difference?

These two pictures give us an example of healthy versus unhealthy. The watermelon on the left has life-giving seed. The watermelon on the right is a hybrid - genetically modified.

Adam and Eve sinned through *the lust of the eye, the lust of the flesh, and the pride of life*. Beguiled, they chose to eat unauthorized food, a piece of *fruit*. Eating what God/*Elohim* considers unlawful is all it took; thus, Adam and Eve were escorted from the Garden.

🌿 **Genesis 3:6** “So when the woman saw that the tree [*of the knowledge of good and evil*] was good for food [*lust of the flesh*], that it was pleasant to the eyes [*lust of the eye*], and a tree desirable to make *one* wise [*pride of life*], she took of its fruit and ate. She also gave to her husband with her, and he ate.”

🌿 **2 Corinthians 11:3-4** “But I fear, lest somehow, as the serpent deceived Eve by his craftiness, so your minds may be corrupted from the simplicity that is in Christ/*Messiah*. For if he who comes preaches another Jesus/*Yeshua* [*the Word/Gospel made flesh*] whom we have not preached, or *if* you receive a different spirit which you have not received, or a different gospel which you have not accepted - you may well put up with it! [*and become defiled!*]”

Mixing dishonor with honor brought corruption upon Adam and Eve. The sin of covetousness for temporal power ate into the abominable fruit. If God’s/*Elohim* people sow the abominable, it will be impossible to hide. In His Kingdom, all dishonor, defilement, and abominations stand out like a brightly lit neon billboard for all to see, as only truth, not corruption, stands before Him. Those who try to conceal disobedience, like Adam and Eve, will be escorted from His Presence. They will also lose their ability to represent His authority on the earth, until proper order is restored in their lives (more on this in the next study) (Matthew 25:1-13).

By mixing what seemed right in their own eyes with holiness, Adam and Eve brought death and defilement upon themselves. Their unprotected hearts sanctioned doubt and double-mindedness to take the lead. These three areas of lust constitute the primary strategy used by the enemy to draw God’s/*Elohim* people away by appealing to their weaker side. Hence, the enemy is allowed

to present temptations that are hard for God's/*Elohim* people to resist if they do not guard their hearts. Believers who eat from the *Tree of The Knowledge of Good and Evil* will manifest its fruit, that of the unclean nature. That was why God/*Elohim* began His teaching on the priesthood with food (Genesis 2:15-17; 3:1-13).

🌿 **Galatians 5:18-21** “Now the works of the flesh [*dishonoring sinful nature*] are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God/*Elohim*.”

🌿 **Romans 7:5** “For when we were in the flesh, the sinful passions which were aroused by the law [*of sin and death*] were at work in our members to bear fruit to death.”

🌿 **Mark 7:20-23** “What comes out of a man, that defiles a man. For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. All these evil things come from within and defile a man.”

However, when believers obey and eat from the *Tree of Life*, they will magnify its life-giving characteristics and mirror their Heavenly Messiah, His Kingdom, and priesthood here on the earth.

🌿 **Galatians 5:22-24** “But the *fruit of the Spirit* is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law [*of sin and death*]. And those who are Messiah's have crucified the flesh [*dishonoring sinful nature*] with its passions and desires.”

Do Not Plant Mixed Seed

Genetically Modified Organisms (GMO)

🌿 **Leviticus 19:19** “You shall keep My statutes. You shall not let your livestock breed with another kind. You shall not sow your field with mixed seed. Nor shall a garment of mixed linen and wool come upon you.”

Noting that God's/*Elohim* food laws are still in effect today, we all remember the days that watermelon, grapes, and other produce had seeds naturally occurring within them. Today the seed varieties are hard to find. We see more seedless watermelon, grapes, and cucumbers than we do the original seed kind. Genetically modified foods (GMO) are fabricated foods. A section of a chromosome is removed from the original molecular structure and part of a gene from another source, foreign to the original, is inserted in its place. In the last fifty years, genetically modifying our food chain has changed the way the food industry and consumers think. Man has always wanted to create. Cross-pollinating in the flower industry created hybrid flowers as the tea rose. Cross-breeding of dogs produced designer dogs such as the Labradoodle. When the

food industry decided to introduce markers from other sources other than a plant source, the GMO industry took off. Today in the US, scientists have the ability to inject a gene-editing technology called CRISPR directly into a human egg during fertilization. They say this technology can be used to correct DNA inherited defective genes. But this technology also has the possibility of creating designer babies (See reference below).

Mixing, through artificial means, changes God's/*Elohim* original DNA/RNA structure of the seed and the end result from what it was initially designed and created to do. Farmers were told the "new and improved" GMO seed would outperform nature. Thus it was very enticing from the farming point of view and consumer alike. With higher yields came higher profits, and the savings could be passed on to the consumer. Looks like a win-win situation for everyone, right? But was it? Were there hidden costs involved?

Tampering with God's/*Elohim* original design by mixing *flora*/plant seed with *fauna*/animal genes has become a huge industry for pharmaceutical chemical companies like Monsanto. Marketing this genetically modified product became a huge industry of delusion. Subtle propaganda and slogans were crafted, such as a *better yielding plant, sustainable, large profits, and the optimum end product useful for today's market*. These promotional words produce profits for numerous companies who concealed the truth from innocent, unsuspecting consumers. Spinoff businesses resulted, and the financial gains were enormous.



Seeds of Death
Unveiling the Lies of GMO – the full movie

Modifying God's/*Elohim* original design is changing His heavenly order upon the earth. GMO seed does not breed true and is unreliable if not pointless to repeat the second year, as it cannot reproduce itself. It is a neutered seed. Though man may regard a hybrid seed a better variety financially, genetically altered food is considered a poison by the medical society. Do God's/*Elohim* laws change just because man's laws have? No. God/*Elohim* warns His people not to eat genetically altered foods today. Scripture calls it *mixed seed*, and according to Biblical standards, *forbidden*.

📖 **Genesis 2:16-17** "And the LORD/*Yahweh* God/*Elohim* commanded the man, saying, 'Of every tree of the garden you may freely eat; but of the Tree of The Knowledge of Good and Evil you shall not eat, for in the day that you eat of it *you shall surely die.*'"

Engineering Our Food

How do scientists insert a genetically modified organism into a seed or animal product? The scientists found that bacteria are good at invading. Chemical companies combined an E.coli DNA with the resistant DNA *RoundUp* seed. Once the genetically altered seed, along with its

bacteria/chemical factors, is introduced into the seed/plant, it never leaves, nor does it exit the food chain produced from that product. This chemical acts like plastic. It does not wash out or dissolve over time but stays in the meat, fish, or vegetables and their byproducts.

In nature, many different plants grow together, keeping the soil and environment healthy and naturally pure. When only one crop is grown, there is no natural resistance, the soil is not enriched, and the environment struggles. Weeds, disease, parasites, blights, and fungus begin to take over. Many regions and countries that embraced the genetic novelty and engaged in the imbalances of agriculture are slowly witnessing the depletion of their lands. Wastelands are appearing in the once lush and habitable regions, and unseasonal climate breakdowns are becoming the norm. More and more herbicides, pesticides, and fungicides are needed to replace what nature took care of naturally. Not only did the soil suffer from the heavy use of “cides,” but the natural habitat for pollinators such as insects, bees, butterflies, and birds all suffered as well. Streams and rivers and the life they supported were also compromised. *RoundUp* resistant seed is registered as an insecticide. Anything eating that plant will die. (Book: *Kiss The Ground: (How to restore our depleted land)* by Josh Tickell <https://www.kissthegroundbook.com>).



The Difference?

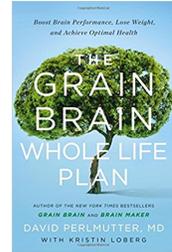
Which tomato cluster came from pure organic seed (a non-tampered seed) and which cluster is a hybrid-genetically altered potentially harmful to eat (mixed seed)?

Additives

Not only has the GMO plant structure been given herbicide-resistant qualities but also insecticides in the form of a natural organism called *Bacillus thuringiensis* or Bt for short. The built-in pesticide was integrated into certain GM crops to ward off pests. Bt corn, for instance, has actually been designed to produce the toxin directly *inside its kernels*, which is later eaten by both livestock and humans. Bt effectively transforms good bacteria into bad bacteria. Any pest feeding on any part of these GMO plants will be exposed to Bt, and those susceptible to the toxin will die. Once the insect digests the plant, the Bt bacteria activates in their gut, eating holes in the lining, causing them to leak. The insect stops eating and dies of starvation.

But that is not all. Who eats this GMO produced corn, grain, or wheat? Mass production farmers feed it to their cattle, sheep, and chickens. Even farmed fish are given grain to fatten them up for the market. That is how unsuspecting grains end up on the dinner table. However, grain is not the animal's natural feed. Animals are grass eaters. Fish are ocean, lake, and stream feeders. Grain is now found in almost every processed food and pet food on the market today. Check the label. Grain is in pre-made sauces, soups and condiments, alcoholic beverages, soy sauce, and processed meats are just a few. Other names for grain are dextrose, glucose, and maltodextrin found in condiments like ketchup, syrups, and ice cream, and in flavoring for teas, drinks, potato chips, spice mixes, soymilk, soy sauce, and baking powders etc.

Why is so much grain used in our foods? Grain contains a natural protein called *gliadin*, which creates an addictive or opiate desire. That is why bread, donuts, and cookies are hard to resist. We can resist a vegetable, but it's hard to say no to a freshly baked cupcake or muffin and why many consider pastries a "treat." The manufacturers of breads, cakes, cookies, breakfast cereals, other grains, and now non-grain foods are all counting on this hidden "addiction fix" so the unsuspecting consumer will buy more; thus they slip this grain addictive protein into their products. The medical world is now discovering that there is a link between grains and heart disease and neurological disorders like Autism, ADHD, dementia, Alzheimer's, and Parkinson's. That is another reason why God/*Elohim* warns His people not to eat mixed seed (Leviticus 19:19). (For more information, please see reference section below).



"Whoever controls the seed controls the food." (The Future of Food)

Only A Matter Of Time

The biotech industry knew it would only be a matter of time before the insects and weeds developed a resistance. Weeds actually flourish when larger amounts of herbicides and pesticides are used. Because the rate is happening faster than anticipated, the biotech industry is considering introducing 2, 4-Dichlorophenoxyacetic acid (2, 4-D) the active ingredients in Agent Orange, a broadleaf herbicide, directly into our food supply. It is estimated that more than 130 types of weeds spanning 40 U.S. states are now herbicide-resistant and showing no signs of slowing down or stopping. In fact, the situation is getting progressively worse.

"Yes, Dow AgroSciences (a subsidiary of Dow Chemicals), which was one of the original manufacturers of Agent Orange, has developed a new generation of genetically modified (GM) crops called Enlist, designed to resist not just one, but THREE different herbicides: glyphosate (the active ingredient in Roundup), glufosinate, and 2,4-D, in the same way that Monsanto's Roundup-Ready crops are resistant to glyphosate."

"Of course, the whole point of engineering resistance to an herbicide within a plant is so that you can "carpet bomb" an entire field, leaving only your GM crop standing. If 2,4-D resistant crops receive approval and eventually replace Monsanto's failing Roundup-resistant crops as Dow intends, it is likely that billions of pounds of 2,4-D will be needed, on top of the already insane levels of Roundup being used (1.6 billion lbs. were used in 2007 in the US alone!)." (From Dr. Mercola interview with Mark Kastel. For the full interview and video: http://articles.mercola.com/sites/articles/archive/2012/03/11/mark-kastel-on-agent-orange.aspx?e_cid=20120311_SNL_Art_1)

Testing

As of July 2016, there has only been one reported testing of GMOs in humans since it has been on the market. A well-known crusader and spokesman for exposing GMO is Jeffrey Smith, author of *Seeds of Deception* asks the question:

"Although it's never been studied, what happens IF the gene that produces the Bt toxin transfers to the bacteria living inside your intestines like it happens with the soy

products? If that happens, it might turn our intestinal bacteria into a living pesticide factory continuously producing the Bt toxin inside our intestines.”

In 2011, a study out of the University of Sherbrooke, Canada, found Bt-toxin in human blood samples for the first time. This study revealed that Bt-toxin showed up in 93% of women’s reproductive systems, 80% fetal blood samples, and that 69% of non-pregnant women tested positive for the toxin in their blood. These women involved in the study had been consuming a typical Canadian diet, likened to the US, which is riddled with GMO material and toxins. Conventional soy, corn, canola, and potato products, for example, are in many of the diets eaten in both the US and Canada, which explains why Bt toxin was highly prevalent in the women’s blood samples. http://www.naturalnews.com/032407_Bt_insecticide_GMOs.html

Tampering With Flavors

A few years ago, *CBS 60 Minutes* did an interview with a large company whose specialty is to create flavors and smells that would cause the consumer to purchase the product over and over again. The spokesperson from *Givaudan*, a Swiss company, employing over 9000 people in 45 countries, admitted that their flavors are designed to create an addictive type of *quick-fix* response so the consumer would desire that product again. For example, an orange flavor was created by combining some seven hundred and fifty different manmade chemical and artificial flavors to simulate what the consumer would think was a real orange, tangerine, or mandarin. The label on the product could read *natural* but not necessarily from a natural food source. “*For example, strawberry and vanilla flavor can come from the gland in a beaver’s backside.*” (See information below).



Other GMO News

In 2011, a well-known philanthropist Bill Gates bought 500,000 shares of Monsanto stock, reasoning that it would help Africa’s food shortage. When GMO products originally came on the market fifteen years ago, Africa was one of the first to reject this corrupted seed stating they would rather die of starvation than infect their indigenous crops and poison their people, rivers, and land. Many countries, including Europe, are fighting genetically engineered crops. In 2016, the Bayer Corporation purchased Monsanto (GMO-Free Regions: <http://www.gmo-free-regions.org>)

We do not need to worry about the threat of nuclear bombs. The ingredients to make the bomb, thanks to companies like Bayer and Monsanto, are already in our soil, rivers, and oceans, not to mention, on our dinner tables. Have you ever wondered why we have tremendous advances in modern medicine while chronic illnesses, infections, allergies, and viruses have skyrocketed? One word: *greed*.

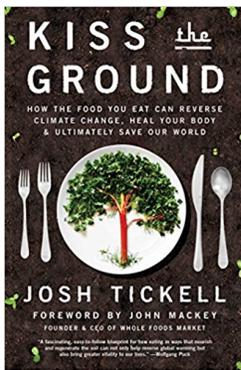
“Chronic diseases and conditions—such as heart disease, stroke, cancer, type 2 (and type 3) diabetes (Alzheimer’s and Parkinson’s), obesity, and arthritis—are among the most common, costly, and preventable of all health problems.”

(<https://www.cdc.gov/chronicdisease/overview/>; GMWatch <http://www.responsibletechnology.org>).

Our Future

God/Elohim has good news for us. In His Word, He instructs His people: “do not sow your field with mixed seed” (Leviticus 19:19). That also means *do not consume that which is produced from mixed seed*. God/Elohim designed our bodies to process only the whole natural plant from pure unmixed organic seed. That will keep our bodies happy and healthy. Our bodies were not designed to handle chemicals, mixed seed, processed foods, or *anything* that God/Elohim does not call food in His Word. To go against His instructions would be eating from the forbidden *Tree of the Knowledge of Good and Evil*. God/Elohim warns His people not to eat the abominable, or it will lead to illnesses, disease, and even death. Therefore, He instructs His people – priests - not to mix the strange with the holy. We will not find a GMO product at His banqueting table (Exodus 19:5-6; 1 Peter 2:9).

- A kosher label does not mean *organic or non-GMO*.
- Organic foods are becoming more and more widely available. We need to stand behind our local organic farmers and support this threatened industry.
- Better yet, begin a small victory garden of your own or share in a community garden.



Kiss the Ground: How the food you eat can reverse climate change, heal your body & ultimately save our world by Josh Tickell.

Yeshua calls His people *priests*. He asks us to be discerning in our choices, especially about the foods we consume. We have one body, which is remarkable. Thankfully we have the instructions for its care. There is no need to go into fear about what we are learning, but be wise. GMO may look like food, but it is far from it. As believers, we are called to be wise, choose life, and uphold God's/Elohim instructions. Those who obey His Word receive the blessings, not the curses (Leviticus 19:19; Deuteronomy 28; Hosea 4:6).

“Don't panic. Go organic” (Mark Kastel)

1 John 2:15-17 “Do not love the world or anything in the world. If anyone loves the world, the love of the Father is not in him. For everything in the world - the cravings of sinful man, the lust of his eyes and the boasting of what he has and does - comes not from the Father but from the world. The world and its desires pass away, but the man who does the will of God lives forever.”

Do Not Mix Clean With The Unclean

God/Elohim designed specific clean foods for human consumption, and specific unclean species not fit for human consumption. The unclean species are not called *food* anywhere in Scripture from Genesis to Revelation. These unclean varieties are designed in such a way as to keep the world clean. They are God's/Elohim cleaning crew of vacuum cleaners, garbage disposals, and water purifiers intended to keep our environment clean. They are just as their name suggests “unclean.” If we were to eat these unclean it would be as if we were eating the contents of a vacuum cleaner, trash bag, or water filter full of contaminants, chemicals, urine, feces, dead

tissue, rotting foods, bacteria, and whatever else these organisms were created to clean up in the zones they were designed for. They are dirty, unsanitary, and full of parasites, worms, and diseases. If eaten, that is what you are putting into your body.

Have you ever questioned why people get sick? First, check their diet (physically and emotionally). What do people put in their bodies? When Scripture mentions food, is it always what God's/*Elohim* considers Biblically acceptable? *Any-thing* else is not to be consumed regardless of what our societies, religions, or cultures have dictated over time. The reason God/*Elohim* taught His people *His* guidelines is to make sure they would always know the way to live, how to sustain His life within them, and stay healthy. (For more details, please refer to www.sheepfoldgleanings.com Reeh study Deuteronomy 11-16).

Keeping Our Tabernacle Clean

Eating Fat And Blood Forbidden Leviticus 3:17, 7:22-27

This next section of Leviticus contains the continuing instructions from the previous study *Tzav*, in which a believer is to examine what he or she physical, spiritual, and emotional allows into their body. If a believer goes against God's/*Elohim* instructions and violates His food laws by *willfully* consuming the fat and lifeblood of an animal, that which is forbidden, it is the abomination that will bring the contamination, plus the consequences for violating that instruction.

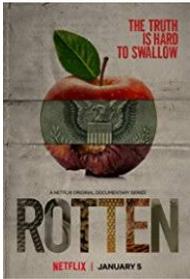
These are vital instructions for the priesthood of Yeshua. Unauthorized fat and blood mentioned together in Leviticus represent not only physical fat but also what produces fat in our body spiritually. When Scripture instructs a believer not to eat fat or blood, it not only speaks of the physical abstinence but also includes the spiritual, emotional, psychological, and verbal well being of the person as well. These instructions are for the purpose of blessing God's/*Elohim* people and to promote long life. If believers bring contamination into their temples, sickness, disease, and even death may result. Obedience brings the blessings.

Yeshua's priesthood is a *holy* priesthood designed to serve with Him in His *Holy* Temple. What a believer puts in his or her body is the key to the priesthood. If Yeshua's people disregard His teaching on food by eating the forbidden things with the fat and blood, is this the Bride the Groom will return for - one living in a willful disobedience to His instruction?

As mentioned in an earlier study, we see how important God's/*Elohim* teaching on fat and blood are when we note that *every time* fat and blood are mentioned in Leviticus, the instructions for the priesthood are given directly following. Therefore, the priesthood of Yeshua is to examine every aspect of what they put into their body. His instruction not only warns against ingesting the undesirable but also includes what a believer *hears, sees,* and with whom they *associate*. So as not to cause defilement, believers are given these instructions in Leviticus to help walk upright, undefiled, holy, and pure before Him. The holiness teaching is not about *salvation* but *sanctification* and *consecration*, as these instructions are given to those already saved.

The life of an animal is its *lifeblood*. Blood is both life-giving and a part of the cleaning system. Blood not only takes the life source to the animal, but also works like a vacuum cleaner removing toxins and waste products from the kidneys, skin, bowels, and lungs, etc. Thus, the blood is rendered unclean for human consumption. If believers eat meat with the *lifeblood*, they leave themselves open to eating (also referred to *drinking* in Scripture) the very life of that animal including its characters such as fears, hunting instincts, and carnal behavior, as noted in the story of Jacob and Esau in Genesis (*Reference Toldot – Genesis 25:19 – 28:9* www.sheepfoldgleanings.com).

If an animal or bird is raised in an inhumane environment such as factory farming, as many are, any virus or disease that may be present is also in the meat. Many hormones, antibiotics, and chemicals are administered to these factory-raised animals. These substances stay with the animal for life, and therefore, are also present in the end product. Factory-raised animals have no access to grass or their natural environment, but held in pens and given a GMO grain to fatten them up for market. We literally consume all of this and more if we do not know where our food source originates from or how it is raised, especially if the *lifeblood* is still in the meat after butchering. Sadly, an unethical environment can also open the door to the lust of the eye, the lust of the flesh, and the pride of life. (*Netflix trailer: ROTTEN - Exposing the food industry* https://www.youtube.com/watch?v=ot6W_7hvrM).



Addictions such as gaming, alcohol, drugs, pornography, etc. are all synonymous with what the Bible calls *worshipping the “high” places*. Sadly these addictions are in epidemic proportions today and advancing in a society void of God/*Elohim* and His Word, especially among believers and the young today. Are our children spending more time isolated with technology than out exploring in God’s/*Elohim* creation and interacting with friends and family? We are not saying that media or electronic devices are evil, but to monitor the substance and time they spend exposed. Does what they are doing nurture and edify life or does it feeding a hypnotic addiction into a fantasy world through vivid games, graphics, and constantly flashing assaulting ads and commercials? What kind of programs and games are we giving control of our minds and the minds of our children? Will the content lead us into His Kingdom or be an obstruction? Many try to justify the system by saying; “*We are born again and under the Blood*” “*We are saved by His Grace!*” However, we just read in Leviticus that if we participate in the abominable, we become defiled regardless of whether we are “saved” or not. That is what the Bible calls mixed seed (Matthew 25:1-13).

In a past report from Focus on the Family, when a traditional Christian conference came to town, the hotels reported a surge of X-rated movies viewed during that period. Pornography is adultery. One speaker shared that of the 25,000 men at one Christian conference; approximately half the men came forward to repent for cheating on their wives through pornography. Blood in the meat can directly affect a person’s appetite for lust. Sexual sin passes on to the *third* and *fourth* generation through the sin of iniquity. Sexual immorality is also considered a community sin in the Bible that brings defilement upon *all Israel*. Lust destroys; it is not love.

Consuming what is forbidden and ingesting the *lifeblood* is considered food offered to idols and likened to pagan worship rituals. In the story of the Maccabees, it was brother against brother. Many from Judah had taken on the ways of their neighbors by sacrificing pigs on the altar in the

Temple. They mixed the profane with the holy. These cult rituals not only used animal blood but also human for their fertility rites (1 Kings 16:30-34; 1 and 2 Maccabees; Numbers 25:1-3).

Touching the unclean realm marks God's/*Elohim* people as unclean. When blood is consumed, it opens the door to immoral acts of indecency. Entering the unclean realm will eventually lead to an occult involvement, a lower standard of life, and a change in friendship and associations. A weakened spiritual walk will lose its passion and enthusiasm for God/*Elohim*. Distractions and loss of interest will eventually separate a person's walk from the life-giver, Yeshua. Do we desire to have a deeper walk and glean deeper insight from His Word? God/*Elohim* instructs us to first look at the diet. The diet reflects our spiritual condition. *We are what we eat.*

🦁 **2 Corinthians 6:16** “What agreement is there between the temple of God/*Elohim* and idols? For we are the temple of the living God/*Elohim*.”

🦁 **Ezekiel 33:24-26** “Son of man, they who inhabit those ruins in the land of Israel are saying, ‘Abraham was only one, and he inherited the land. But we are many; the land has been given to us as a possession.’ Therefore say to them, ‘Thus says the Lord GOD: You eat meat with blood, you lift up your eyes toward your idols, and shed blood. *Should you then possess the land?* You rely on your sword, you commit abominations, and you defile one another's wives. *Should you then possess the land?*’”

(For more GMO information, please refer to www.sheepfoldgleanings.com Reeh study Deuteronomy 11-16)

Life Is In The Blood - What's in Your Blood?

As we are learning, thoughts can bless or poison the body by triggering over-secretions of toxins that can lead to a hormonal imbalance, which in turn can produce physical fat. Fear, stress, anxiety, immoral thoughts, and emotions may result in behaviors that can cause obesity, disease, and cancers in the body.

The body is pH balanced and so is the blood. If the body temperature rises even slightly, we feel sick. It is the same with the blood. When the pH balance is not stable, the blood becomes too acidic, and the body suffers. First, the body gathers calcium and other minerals from the organs to buffer the over-acidic state of the body. When that is depleted the body begins to store fat to protect the organs. All this can cause disease and sickness, which in turn, over time, can lead to more serious illnesses or even death. Fat is a sign of an over acidic body.

Where do acids originate? If the pH of the blood is not correct, it is a symptom of consuming what God/*Elohim* has asked us not to, as these can lead to a critical thought pattern and corrupt speech. Thus, the body begins to crave sugars, processed junk foods, and carbohydrates. Consuming too many of these makes the body listless, out of focus, depressed, sick, and tired. Reaching for a refined sugar product to boost the energy level such as a sports drink, chocolate bar, pop, or ice cream will not help the problem. In an over acidic climate, microorganisms are encouraged to grow. It is these microorganisms that are hungry causing the body to crave sweets. They deplete energy and cause the body to become sick and tired, a cycle that addictive personalities fall into through its spiritual roots.

An over acidic body is also a friendly environment where bacteria grow, producing a yeast forming fungus, which if left unattended may later develop into a breeding ground for microorganisms. When the environment is ripe, organisms enter the bloodstream. Their job is to decay the body and prepare it for death. They go wherever the blood goes. The gut is another way bacteria can travel to the muscle tissues, the organs, the heart, and eventually the brain through a “leaky gut” that can cause major diseases like arthritis, heart problems, diabetes, memory loss, and cancers. To reverse any damage to the body God’s/Elohim people can choose to eat Biblically clean healthy foods. A healthy, biblically based diet (*physical and spiritual*) from the Owner’s manual will cleanse the body bringing health, life, vitality, and clear the mind of any life-threatening diseases. Our bodies are designed to live up to God’s/Elohim Word thereby reflect radiant health accordingly (Deuteronomy 28).

🌿 **2 Corinthians 6:17 to 7:1** “Therefore come out from them and be separate. Touch no unclean thing, and I will receive you. I will be a Father to you, and you will be my sons and daughters. Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God/Elohim.”

Healthy Versus Unhealthy

Ocean and Freshwater Life

Leviticus 11:9-12

(For more information, please refer to www.sheepfoldgleanings.com Reeh study Deuteronomy 11-16)

In the environments of oceans, streams, and ponds, only fish with both fins and scales are called food in the Bible. All other sea and water life God/Elohim says not to consume. Shellfish or fish without scales and fins are the scavengers created to clean God’s/Elohim waterways. Their job is to detox and remove all urine, feces, and scum from the water. Because of their ecosystem cleansing work, they literally are cesspools of filth and contaminants, containing high levels of bad cholesterol, mercury, disease, worms, chemicals, and parasites. Shrimp, prawns, and other mid-water swimmers like squid and octopus are vacuum cleaners. Whales are big surface filters. Likewise, sharks and other aggressive cleaners remove larger debris. Eating those will also introduce their aggressive, scavenger natures into our environment. Clams, oysters, and mussels are immobile filter feeders that contain bacteria, viruses, and can also harbor hepatitis. Very toxic ocean algae called red tide can contaminate them. These noxious wastes and many other contaminants will be introduced into your bodies if we consume them. God/Elohim warns us not to eat these or they will put stress on our digestive system and over time, harm our health.

God/Elohim shows us many things through His Creation. In Matthew 4:19, Yeshua calls us to multiply and be fishers of men. We see this multiplication in the parable of the twelve loaves and two fishes (Mark 8:19). When people do not heed God’s/Elohim Words but cling to bitterness, unforgiveness, and criticizing spirits, they act like bottom feeders or as the sea creatures (without fins or scales) that hide in dark crevices away from the light. If people continue in hardness of mind and soul, an outer shell like character will grow and harden the heart. Hearts that continue in bitterness sadly become segmented as we see with hard jointed features of prawns, shrimp, crabs, and lobsters. Eventually, they become immobile, latching on to hard surfaces like a muscle or barnacle, grouping together with other tough shelled ones. That mindset is in sharp contrast to

how God/*Elohim* calls His people to be – like the soft, flexible *fish*, at peace with one another, which have elegant fins and scales and swim obediently in colorful symphony like schools.

Do The Biblical Dietary Laws Apply To Us Today?

Malachi 3:6 says, “*For I am the LORD/Yahweh, I do not change.*” And according to Hebrews 13:8, “*Jesus Christ/Yeshua HaMashiach is the same yesterday and today and forever.*” Thus, the Father’s dietary instructions have not changed.

Mark 7:1-23 records a discussion between the Pharisees and the teachers of the law where Yeshua corrects them. The men refused to acknowledge they were mixing *their* legalistic manmade laws with God’s/*Elohim* holy Word. In Mark 7:1-23, *Yeshua was not talking about unclean entities becoming clean food for His people.* Yeshua is the physical manifestation of God’s/*Elohim* Word *in the flesh* and would not contradict Himself. These teachers of the law *mixed the traditions of man* with the Word of God/*Elohim* (mixed seed). In self-righteousness, they were forcing God’s/*Elohim* people to bow to *their* rabbinic traditions and observances, which misrepresented Him, as their ways were anti-Torah. Yeshua had concern over their works of their laws, as they hindered His people and burdened their walk. Therefore, He corrected their religious spirits and pointed that the real contamination was in their hearts “*What comes out of a man is what makes him unclean.*”

Acts 10:1 to 11:18 details a vision Peter received in which a sheet, known as a *tallit* in Hebrew, descended and ascended from heaven three times. In this *holy* garment, were all kinds of four-footed animals, as well as reptiles of the earth and birds of the air. Peter was told to *kill and eat*. Peter was alarmed. That vision came while Peter was very hungry thus he assumed God/*Elohim* was telling him to *eat the abominable*. It perplexed him, as he knew that God/*Elohim* would not contradict Himself. As Peter pondered the meaning behind this vision, God/*Elohim* showed him that the animals represented *people*. “*But God/Elohim has shown me that I should not call any man impure or unclean*” (Acts 10:28). The people in Acts 10 were those Yeshua was redeeming to Himself. For generations, the House of Judah had thought of themselves as the *only clean people* before God/*Elohim*, and the House of Israel were lost and scattered among the nations with many becoming an *unclean people* who had adopted pagan eating habits, customs, and cultures. Through the vision of the *tallit*, Yeshua was teaching Peter that he was no longer to think of the House of Israel or those returning from the nations as an *unclean people*. If the returnees repent and embrace Yeshua (the Word personified), by returning to His ways, then they were no longer considered unclean but clean.

✠ **Colossians 3:5-17** “Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry. Because of these things the wrath of God/*Elohim* is coming upon the sons of disobedience [*believers who choose not to walk in agreement with their covenant*], in which you yourselves once walked when you lived in them. But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth. Do not lie to one another, since you have put off the old man with his deeds, and have put on the new *man* who is renewed in knowledge according to the image of Him who created him, where there is neither Greek nor Jew, circumcised nor uncircumcised,

barbarian, Scythian, slave *nor* free, but Christ/*Messiah* is all and in all [*one law for all*]. Therefore [*believers*], as *the* elect of God/*Elohim*, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ/*Messiah* forgave you, so you also *must do*. But above all these things put on love, which is the bond of perfection. And let the peace of God/*Elohim* rule in your hearts, to which also you were called in one body; and be thankful. Let the word of Christ/*Messiah* dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. And whatever you do in word or deed, *do* all in the name of the Lord Jesus/*Yeshua HaMashiach*, giving thanks to God/*Elohim* the Father through Him.”

- ✿ **James 1:22** “But be doers of the word, and not hearers only, deceiving yourselves.”
- ✿ **James 2:26** “For as the body without the spirit is dead, so faith without works is dead also.”
- ✿ **Philippians 4:9** “The things which you learned and received and heard and saw in me, these do, and the God/*Elohim* of peace will be with you.”

The teaching of clean and unclean is called *Kashrut* in Hebrew. *Kashrut* is just one of the realms or instructions for life in Yeshua’s Kingdom. We are always in His presence, but staying in His *provision* is why He instructs us. Obedience brings the blessing. This teaching is not a *salvation* issue, but a *redemption and sanctification* issue. Once Yeshua’s people understand, they can choose to turn from past influences to a more upright holy Scriptural standing.

A Short List Of God’s/*Elohim* Clean Foods To Eat

- **Clean Meats:** Antelope, buffalo, cattle, deer, goat, oxen, sheep, and other animals, which chews the cud and has a wholly divided hoof (with no lifeblood).
- **Clean Fish:** Bass, cod, grouper, haddock, halibut, herring, mackerel, orange roughy, perch, salmon, snapper, trout, and any other finned and scaled fish.
- **Clean Birds:** Chicken, Cornish hen, quail, turkey, and any other non-flesh-eating birds. Web-footed birds are considered unclean.

Biblical Dietary Food Laws

(This teaching is a continuation from the last lesson in Tzav Leviticus 6:8 – 8:36. For additional information, please refer to www.sheepfoldgleanings.com and also the Reeh study Deuteronomy 11-16)

As we can see, the Biblical dietary laws are not hard to follow. Clean choices are abundant. For a Biblical kill, the animal is placed head down in a slaughter trough. The main arteries on both sides of the neck and esophagus are severed quickly and cleanly, allowing the heart to continue to pump as the *lifeblood* of the animal drains out before death occurs. The animal then dies a painless death. If a Biblically killed animal is not available, soaking the meat in salted water for about half an hour to an hour, rinse and repeat if necessary, then rinsing well is acceptable. Please note that meat/muscle is made of blood, and some blood will be present. However, it is the *lifeblood* removal that Scripture is referring.

In North America, some slaughterhouses still cause the animal to go into a major crisis when entering the slaughter chute, which triggers a fear/flight response. That trauma can release harmful chemicals into the animal, thereby toughening the meat. The animal is then strung up in a processing line and lastly, the throat cut to drain the blood, which if not already dead, will bring its final demise.

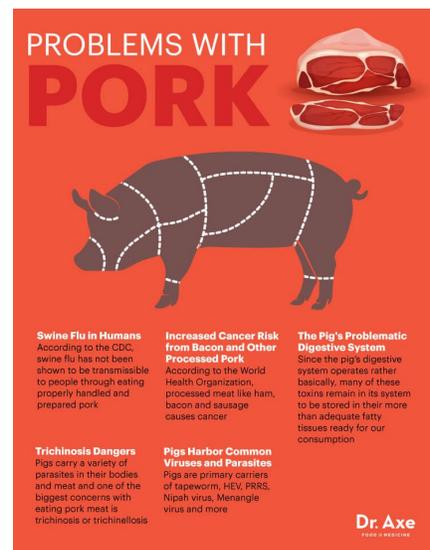
However, many modern slaughterhouses have adopted Dr. Temple Grandin's more humane handling of animal slaughter. Dr. Grandin also designs Biblical slaughterhouses <http://www.youtube.com/watch?v=VMqYYXswono>. <http://www.grandin.com/ritual/kosher.slaughter.html>. (See more information in the reference section).



Why You Should Avoid Pork? (<https://draxe.com/why-you-should-avoid-pork/>)

In the above link, Dr. Axe gives us a very graphic account of why we should not eat pork. If you are not yet convinced just a quick look at this article would do it for you. The pig does not have a sophisticated digestive system, therefore does not process what it consumes as would a cow or sheep, which have multiple stomachs. Because pork is a quick cheap meat to produce, the food industry loves it and tries hard to convince consumers that all pork products are healthy and fit for human consumption. Even though pork is a very toxic meat, it and its byproducts remain toxic even after the pig has been “raised organically” and “cooked properly.” Dr. Axe’s article is a must-read.

The American Cancer Society considers the pig and all pork products like bacon, salami, pepperoni, and hot dogs to be the number one cancer-producing agent in the world today. The body tries to fight the trichinosis worm by forming tumors around them. Sadly, a whole industry has grown exponentially around a populous who eats the unclean and unhealthy. Doctors, pharmaceuticals, medical-related support, and hospitals testify to the results as cancer, diabetes, heart and stroke victims who are on the rise clogging the corridors of our medical facilities today. Those who return to a Biblically safe lifestyle are learning God’s/*Elohim* food laws and how to keep their temples clean and healthy - physically and spiritually. What God’s/*Elohim* people need is not necessarily another prayer line-up but to make that decision regarding an obedient heart.



Processed Foods

Scripture does not mention the modern term *processed foods*, or McDonald's hamburgers, or Tim Horton's donuts. At the time the Marriage Covenant/*Ketubah* was given to Israel at Mount Sinai, there were no fast food chains or corner convenience stores. Therefore, the dietary instructions did not include *manufactured processed products*; it only spoke of authentic organic foods as described in the Creator's Manual. God's/*Elohim* information contains the only foods programmed to maintain our health. If we eat an unauthorized diet such as GMO products or processed junk drinks and snacks, our bodies will not know what to do with them. Eating

garbage can cause our body to deteriorate prematurely. God/*Elohim* has promised His people a long and healthy life *if they stay within His guidelines*. When Moses passed away at 120 years of age, Scripture says his eyes were not dim nor his natural vigor diminished. The Covenant we agreed to honor stipulates only authorized food (physical and spiritual). (Deuteronomy 34:7).

🌿 **Leviticus 11:44-47** “For I am the LORD/*Yahweh* your God/*Elohim*. Consecrate yourselves therefore, and be holy; for I am holy. And you shall not make yourselves unclean with any of the swarming things that swarm on the earth. For I am the LORD/*Yahweh*, who brought you up from the land of Egypt, to be your God/*Elohim*; thus you shall be holy for I am holy. This is the law regarding the animal, and the bird, and every living thing that moves in the waters, and everything that swarms on the earth, to make a distinction between the unclean and the clean, and between the edible creature and the creature which is not to be eaten.”

🌿 **1 Peter 1:14-16** (the parallel passage to Leviticus 11:44-47) Peter said, “As obedient children, do not be conformed to the former lusts which were yours in your ignorance, but like the Holy One who called you, be holy yourselves also in all your behavior; because it is written, ‘*You shall be holy, for I am holy.*’”

🌿 **Ezekiel 44:6-16** (This is a prophetic word still to unfold) “Now say to the rebellious, to the house of Israel, thus says the Lord God/*Elohim*: ‘O house of Israel, let us have no more of all your abominations. When you brought in foreigners, uncircumcised in heart and uncircumcised in flesh, to be in My sanctuary to defile it - My house - and when you offered My food, the fat and the blood, then they broke My covenant because of all your abominations. And you have not kept charge of My holy things, but you have set *others* to keep charge of My sanctuary for you.’ Thus says the Lord God/*Elohim*: ‘No foreigner, uncircumcised in heart or uncircumcised in flesh, shall enter My sanctuary, including any foreigner who *is* among the children of Israel. And the Levites who went far from Me, when Israel went astray, who strayed away from Me after their idols, they shall bear their iniquity. Yet they shall be ministers in My sanctuary, *as* gatekeepers of the house and ministers of the house; they shall slay the burnt offering and the sacrifice for the people, and they shall stand before them to minister to them. Because they ministered to them before their idols and caused the house of Israel to fall into iniquity, therefore I have raised My hand in an oath against them,’ says the Lord God/*Elohim*, ‘that they shall bear their iniquity. And they shall not come near Me to minister to Me as priest, nor come near any of My holy things, nor into the Most Holy *Place*; but they shall bear their shame and their abominations which they have committed. Nevertheless I will make them keep charge of the temple, for all its work, and for all that has to be done in it. But the priests, the Levites, the sons of Zadok, who kept charge of My sanctuary when the children of Israel went astray from Me, they shall come near Me to minister to Me; and they shall stand before Me to offer to Me the fat and the blood,’ says the Lord God/*Elohim*. ‘They shall enter My sanctuary, and they shall come near My table to minister to Me, and they shall keep My charge.’”

🌿 **Jeremiah 17:10** “I, the LORD/*Yahweh*, search the heart, I test the mind, even to give every man according to his ways, according to the fruit of his doings.”

Shabbat Shalom
Julie Parker

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The Plant Paradox and The Longevity Pradox:

Dr. Steven Gundry (removing lectins from the diet) <https://drgundry.com>

The Grain Brain Whole Life Plan, Brain Maker, & Brain Wash:

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The End of Alzheimer's: Dr. Dale Bredesen <https://www.apollohealthco.com/dr-bredesen/>

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Netflix: ROTTEN (The hidden truths behind America's food chain)

<https://www.youtube.com/watch?v=ot6W7hvrM>

Fat In Our Diet

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GMO Information and The Healthy Soil Movement

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Seeds

Baker Creek Heirloom (Rare) Seeds: <https://www.rareseeds.com>

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General Information:

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GM Watch: <http://www.responsibletechnology.org>
Best Meal: www.bestmeal.info
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Other Health News

Fluoride in our diet: <http://www.naturalnews.com/fluoride.html>
Mercury: Make Up, Fillings, water supplies, and vaccines, etc.:
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